

# Registration Form



Register by phone:  
**859.338.4418**

or

Mail form to:

imassage, Inc.  
4804 Wesley Ct.  
Lexington, KY 40515

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_  
Home phone \_\_\_\_\_  
Cell phone \_\_\_\_\_

## Workshops & Cost

**Save \$20**

Register by September 16<sup>th</sup> or  
Bring a friend and receive \$20 off

**Save \$50**

Student discount (no CE provided)

- October 15<sup>th</sup>, 2010 9:30am-5:30pm  
**Where It Is It Ain't: Successfully Treating Lower Back Pain  
\$149**
- October 16<sup>th</sup>-17<sup>th</sup>, 2010 9:30am-5:30pm  
**21 Deep Tissue Techniques to Enliven Your Practice  
\$299**

## Payment

*Registrations for workshops are taken on a first come, first-serve basis. You may register with full payment—OR—a minimum of 50%. The remaining is due 14 days before the start of the workshop. You may cancel your registration up until 7 days prior to the workshop and receive a full refund of any monies paid less a \$25 processing fee. Any cancellation received less than 7 days prior to workshop will not receive refund or credit. Imassage, Inc. holds the right to cancel a workshop. Because of such cancellation any payments to imassage will be reimbursed in full.*

Check or Money Order payable to: imassage, Inc.

Credit Card  MasterCard  Visa  American Express

Account # \_\_\_\_\_  
Expiration date: \_\_\_\_\_  
3 digit or 4 digit CVN on back of Card: \_\_\_\_\_  
Name on Card \_\_\_\_\_  
Authorized signature \_\_\_\_\_  
Billing address (If Different than Above): \_\_\_\_\_

## Workshop Information



### **WHERE IT IS IT AIN'T: SUCCESSFULLY TREATING LOWER BACK PAIN (7 CE HOURS)**

Friday, October 15th, 2010

9:30am-5:30pm

\$149

Experts estimate that as much as 80% of the population will experience a back problem at some time in our lives. This class will focus on the many competing forces that pull on the pelvis and how they contribute to lower back pain. Students will learn:

- how interconnected fascial planes create back pain
- to recognize an anterior/posterior pelvic tilt
- the relationship between facilitated and inhibited musculature
- Deep Tissue techniques for the Quadratus Lumborum, Iliopsoas, Rectus Femoris, Plantar fascia and the Hamstrings



### **21 DEEP TISSUE TECHNIQUES TO ENLIVEN YOUR PRACTICE (14 CE HOURS)**

Saturday, October 16th- Sunday, October 17th, 2010

9:30am-5:30pm

\$299

A dynamic package of new techniques your client's will love! This hands-on workshop teaches therapists a variety of myofascial release, trigger point, and joint mobilization techniques to all regions of the body. These can be immediately integrated into a massage practice. Students will learn:

- fresh approaches for addressing common complaints; addressing the fascial system safely and effectively
- how adjusting key variables improves therapeutic results
- body mechanics to optimize pressure levels while avoiding injury
- creative methods to save the therapist's wrists and thumbs from overuse

## About the instructor



### **ERIC STEPHENSON, LMBT, NCTMB**

As Director of Education for imassage, Inc., Eric creates continuing education focused on career longevity for massage schools, spas and professional organizations nationwide. He is a former lead instructor of the Body Therapy Institute in Silk Hope, NC and The Lexington Healing Arts Academy in Lexington, KY, helping in the design of the hands-on massage curriculum. He has completed The Spirit of Learning®, a 90-hour massage educator-training program.

His presentations have included the American Massage Therapy National Convention, The International Spa Association Conference, The World Massage Conference and AMTA state conventions. Eric is a regular contributor to Massage Magazine.

## Workshop Location

Sheraton Chapel Hill Hotel  
1 Europa Dr.  
Chapel Hill, NC 27517

## What to bring

Please bring a pen, clean set of linens, bolster, hand towels and lubricant for each day of class. We will need one table for every two students. We will discuss this with you during the registration process.

## Workshop guidelines

### Payment and Refund Policy

Registrations for workshops are taken on a first-come, first-serve basis. You may register with a full payment – OR – a minimum 50% deposit. The remaining amount is due 14 days prior to the workshop. You may cancel your registration up until seven days prior and receive a full refund of any monies paid, less a \$25 processing fee. Any cancellations received less than 7 days prior to workshop will not be refunded or credited.

### Draping Policy

The Board of Massage and Bodywork denotes that nudity is not permitted in a classroom environment; breast and genital areas shall remain draped while hands-on work is being performed.

### Personal Attire and Care

Wear loose fitting clothing and avoid using heavily scented soaps and perfumes. Wear comfortable shoes providing good support. Ensure fingernails are trimmed.

### Completion Requirements

To qualify for a completion certificate students must attend the workshop in its entirety and fulfill the stated learning objectives as assessed by the instructor. To receive credit for any missed hours, a separate tutorial can be arranged with the instructor. The fee for this personalized training is \$60 per hour and will be held in the hometown of the instructor. Your certificate of completion is provided immediately after class completion.

### Non-Discrimination Policy

imassage, Inc. does not discriminate based on race, gender, marital status, health status, age, sexual orientation, religion or national origin.

### Special Needs

If you have special needs which need to be accommodated, please contact imassage as soon as possible at (859) 338-4418 or [info@imassageinc.com](mailto:info@imassageinc.com)

## Discounts

*Only one discount may be applied for each registrant*

**Save \$20**

Bring a friend or co-worker and you each save \$20 off your total

**Save \$50**

Although no CE hours are provided, current massage school students may attend these courses

## Registration

**By phone:** Call imassage at 859.338.4418

**By e-mail:** E-mail completed registration form to: [info@imassageinc.com](mailto:info@imassageinc.com)

**By mail:** Complete registration form and mail to address on registration form